Bench 1775 Winery on Okanagan Lake; climbing at Skaha Bluffs; the beach scene at Kelowna.

DAY BY DAY

Touring British Columbia's Wine Country

FIVE DAYS IN CANADA'S OKANAGAN VALLEY

Just across the Washington State border, in British Columbia's verdant interior, is Okanagan Valley, a series of sapphire-blue lakes, soaring peaks, and microclimates that support some 275 wineries. And adjacent to all that wine is world-class hiking, rock climbing, and paddling. Here's how to pair them all together on a 130-mile trip up Highway 97.

DAY 1

Start in Osoyoos, a tiny lakeside resort town located just across the U.S.-Canadian border. The city's First Nations cultural center will get you acclimated with the area and its unique heritage, and you can spend the afternoon sampling the wines at Nk'Mip Cellars, the first indigenous-owned winery in North America. End the day with a hike up thousand-foot-tall McIntyre Bluff for an elevated panorama of the region's vineyards, mountains, and lakes. Stay at the Coast Oliver Hotel in Oliver, the wine capital of Canada.

DAYS 2–3

The next morning, head 40 minutes up valley to Penticton, which is sandwiched between Skaha and Okanagan lakes, with a surplus of sand beaches perfect for swimming. If you want something more adventurous, drive 10 minutes outside of town to Skaha Bluffs, a sport-climbing mecca with more than 60 crags and over a thousand routes. The next day, tour nearby Naramata Bench, where more than three dozen wineries are crammed into a narrow, 12-mile stretch of land between the sandy cliffs above Okanagan Lake and the former Kettle Valley Railway. Strong cyclists can do their wine tasting by mountain bike, following the new rail trail that links them all. Stay on the water at Penticton Lakeside Resort.

DAYS 4–5

Forty-five miles north of Penticton is West Kelowna, home to 13 vineyards with some of the oldest vines in the valley, and each has a dining or picnic option, most with lake views. The best is Red Fox Club at the Indigenous World Winery, which serves locally produced cheeses, cured meats, and sustainable fish alongside wines like the Hee-Hee-Tel-Kin White, a blend of gewürztraminer, muscat, and pinot gris. Farther north, in Vernon, you'll find one of B.C.'s strongest SUP communities and a robust farm-to-table scene serving up meads and ciders. Decompress at the end of your trip at Sparkling Hill Resort, a wellness retreat and spa. *—Jayme Moye*

FROM TOP: FRANK HEUER/LAIF/REDUX; ALEX EGGERMONT / AURORA PHOTOS/GETTYIMAGES; FRANK HEUER/LAIF/REDUX

ICONIC DRIVES

SUHUA HIGHWAY

TAIWAN

The hairpin turns along this 73-mile stretch of road, carved into steep cliffs on the island's east coast, are perfect for thrill seekers. What's more, there are no guardrails, which makes it exceptionally dangerous to become distracted by the blue Pacific waters below—but what a view it is.