near campus. Soon after, they set up a table to enlist other students, handing out 300 meals in the first week. Her idea: In 2010, Sumekh and cofounder Bryan Pezeshki established Swipe Out Hunger to take the idea to colleges nationwide. Six years later, the L.A.based nonprofit is shifting its focus to hunger on campus, where one in seven students are "food insecure" (they skip at least one meal a week because of cost). Results: Swipe Out Hunger is currently at 22 universities and has provided over 1.2 million meals, It's now rolling out a program at nine colleges in the University of California system to turn unused swipes into meal vouchers for hungry students. One recipient at Sumekh's alma mater told her just how much of a difference the meals have made, "She said, 'This has saved me," says Sumekh, 25. "It has kept me in school." -Heather Furlow

GIRL CODE

Afghanistan's first programming school for women celebrates its first graduating class



Fereshteh Forough has a master's degree in computer science, but when she tried to get a job in her hometown of Herat, Afghanistan, companies refused to hire her. "Everyone was like, 'Oh, we don't think women can do this work," Forough says.

She decided to prove that women can. In the fall of

2015, Forough opened Code to Inspire, the country's first all-female programming school. She selected her inaugural class of 50 women, ages 14 to 25, from more than 150 applicants; to encourage participation, she offers the one-year program free of charge. (It's funded through donations and grants, including one from Google.) The more inexperienced students learn front-end Web skills like WordPress, CSS, HTML, and JavaScript, while those with computer-science backgrounds learn how to build mobile apps. "The girls are not as intimidated as they would be in a male-dominated

classroom, so they pick it up fast," says Forough, 29.

Student Hasina Haidari, 20, enrolled to improve her coding skills so that she may one day use them to help solve societal problems. "I want to prove to the world that Afghan girls aren't afraid of the obstacles in our way," she says. "We can be the best creators and the most powerful programmers." Haidari and all 49 of her classmates graduate this month. —Jayme Moye

